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| --- | --- | --- | --- |
| **Фудокан****Fudokan** | **Шитей****Shitei** | **Сентей****Sentei** | **Токуй****Tokui** |
| Круг 1Выбрать из: | Taikyoku-Ichi/Taikyoku- Ni/Heian Fudo-Shodan/Heian Fudo-Nidan/Heian Fudo-Sandan/Fudote-Shodan / Fudote-Nidan / Fudote-Sandan /Taiji-Shodan /Tekki-Shodan  |  **-----** |  **-----** |
| Круг 2Выбрать из: |  **-----** | Matsumura-Passai/Wanshu /Heian-Funakoshi-Sensei /Meikyo-Shodan / Meikyo-Nidan / Meikyo-Sandan /Taiji-Nidan  /Taiji-Sandan  /Fudote-Yodan / Fudote-Godan /Hangetsu / |  **-----** |
| Круг 3Выбрать из: | Taikyoku-Ichi/Taikyoku- Ni/Heian Fudo-Shodan/Heian Fudo-Nidan/Heian Fudo-Sandan/Fudote-Shodan / Fudote-Nidan / Fudote-Sandan /Taiji-Shodan /Tekki-Shodan  | Matsumura-Passai/Wanshu /Heian-Funakoshi-Sensei /Meikyo-Shodan / Meikyo-Nidan / Meikyo-Sandan /Taiji-Nidan /Taiji-Sandan /Fudote-Yodan / Fudote-Godan /Hangetsu / | Setsu / Kaminari / Tekki-oi-kumi / Kanku-oi-kumi / Heian-oi-kumi / Fudote-oi-kumi / Wankan / Vasinomae / Jitte / Gankaku / Bassai-Sho / Kanku-Sho / Sochin / Tensho / Nijushiho / Gojushiho-Dai / Gojushiho-Sho / Chinte / Kittei / Kittei – Higashiyama - Sensei / Yon Ray / Chinto Yabu /  |
| **Шотокан (Сётокан)****Shotokan**  | **Шитей****Shitei** | **Сентей****Sentei** | **Токуй****Tokui** |
| Круг 1Выбрать из: | Heian 1,2,3,4,5.Tekki-Shodan |    ----- |              ----- |
| Круг 2Выбрать из: |    ----- | Bassai-Dai / Enpi / Kanku-Dai / Jion / Hangetsu |              ----- |
| Круг 3Выбрать из: | Heian 1,2,3,4,5.Tekki-Shodan | Bassai-Dai / Enpi / Kanku-Dai / Jion / Hangetsu | Jitte / Tekki-Nidan / Tekki-Sandan / Gankaku / Bassai-Sho / Kanku-Sho / Sochin / Nijushiho / Gojushiho-Dai / Gojushiho-Sho / Wankan / Chinte / Unsu / Meikyo |